

NATIONAL HOSPITAL INTERVENTION AND COMPLIANCE CAMPAIGN



Preventing slip, trip &
manual task injuries



The Heads of Workplace Safety Authorities (HWSA) is a group comprising the General Managers (or their representatives) of the peak bodies responsible for the regulation and administration of occupational health and safety in Australia and New Zealand.

HWSA initiates national campaigns targeted at specific industries across all jurisdictions. These campaign initiatives support the *National OHS Strategy 2002 – 2012*, and facilitate the development of consistent approaches to nationally recognised priorities.

HWSA's national campaigns are established with the aim of minimising health and safety risks and, where possible, identifying causal factors for non-compliance by industry. The intention of this approach is to educate industry through a balance of information, assistance and enforcement activity.

The *National OHS Strategy* identifies health and community services among its seven priority industries as well as body stressing as an injury mechanism for national attention. Manual tasks in the health and community services industry sector, was the focus of the 'Design 4 Health, National Manual Handling Campaign 2004'. In June 2007, HWSA decided once again to focus on manual tasks in the health services sector with an additional focal area of slips and trips.

Workplace Standards Tasmania was nominated by HWSA to co-ordinate this National Intervention and Compliance Campaign for Manual Tasks, Slips and Trips in Hospitals (NCC MHH-ST), branded as '**Safe Steps**'.

All Australian states and the Australian Capital Territory have committed to this campaign. Please find attached links to guidance material and resources that can assist your organisation in controlling risks from hazardous manual handling tasks and slips, trips and falls.

RESOURCES ON MANUAL TASKS & SLIPS/TRIPS

Publications, Alerts and Guidance Notes

Victoria

- Code of Practice for Manual Handling 2000
- Designing Workplaces for Safer Handling of People
- Managing manual handling risk in a large organisation
- Job rotation doesn't eliminate manual handling risk
- Back belts are not effective in reducing back injuries
- Orthopaedic Surgical Instrument Sets – Reducing risks of musculoskeletal disorders

Queensland

- Slips Trips Falls Guide 2007
- Manual Tasks Code of Practice 2000
- Manual Tasks Involving Handling People Code of Practice 2001
- Sprains and Strains Prevention Booklet
- Guide for Preventing Slips, Trips and Falls
- Health and Community Services Industry Sprains and Strains Prevention Fact Sheet

Tasmania

- Body Strain Prevention for Workers (GB124)
- Body Strain Prevention Kit for Employers (GB114)

New South Wales

- Preventing Slips, Trips and Falls – Information for Workers
- Manual Handling Risk Guide
- Manual Handling Legislation
- A Safer Workplace
- Manual Handling Resource
- Manual Handling Guide for Nurses

Western Australia

- Preventing Manual Handling Injuries in the Workplace Training Package
- Manual Handling: Moving Trolleys
- Code of Practice for Manual Handling (2000)
- Safety Priorities for Manual Handling
- Safety Priorities for Preventing Slips, Trips & Falls

South Australia

- Slips Trips Falls Information Sheet and Poster
- Approved Code of Practice for Manual Handling 1990
- Occupational Job Dictionary – Aged Care Industry (2006)
- Safe Design of Commercial Kitchens (2004)
- Virtual Kitchen
- Eat to Live Training Program

Comcare

- Guide to Preventing Slips, Trips and Falls

ASCC

- National Code of Practice for the Prevention of Musculoskeletal Disorders from Performing Manual Tasks at Work 2007
- Applying the 1991 NIOSH lifting equation

Australian Capital Territory

- Occupational Health and Safety Act 1989
- Occupational Health and Safety Regulation 1991
- Occupational Health and Safety (General) Regulation 2007
- Occupational Health and Safety (Manual Handling) Regulation 1997
- ACT Manual Handling Code of Practice 1999
- A Guide to Manual Tasks October 2006
- Ten Steps to Safety Tool kit
- Information Bulletin 03.01: Consultation at the Workplace

Australian Sites

- WorkSafe Victoria
- Department of Employment and Industrial Relations Queensland
- WorkCover NSW
- Worksafe Western Australia
- SafeWork SA
- Australian Safety Compensation Council
- Workplace Standards Tasmania
- WorkCover Tasmania
- Department of Employment, Education & Training (NT)
- ACT WorkCover- Office of Regulatory Services.

International Sites

- Health & Safety Executive, UK
- CUergo, Cornell University, USA
- ErgoWeb, USA
- European Agency for Safety and Health at Work
- National Institute for Occupational Safety and Health (NIOSH), USA
- Alberta Human Resources and Employment, Canada
- Workers Compensation Board of British Columbia
- Workplace Safety and Insurance Board, Ontario, Canada
- Department of Labour, New Zealand
- Department of Labour, USA